



Jain Academy for Sporting Excellence: An Overview

Sports Education Assessment Parameters JIRS, Bangalore	
A. Number of sports offered	16 sports disciplines
B. Structured curriculum	Yes.
	Availability of a Pre-planned training curriculum or Sports Education Plan for each sport
C. Details on Coaches & Sports professionals	
i) Number of coaches	37 Qualified Sports Coaches (16 disciplines)
ii) Highest Coaching Certifications of coaches	<ul style="list-style-type: none"> •Highest Federation / Association Qualifications, viz •Level 'C' in Cricket •'A' license in Football •ITF Level II in Tennis etc.
iii) Playing Background of Coaches	<ul style="list-style-type: none"> •Former Ranji Trophy, Davis Cup & I league players in Cricket, Tennis and Football •National Medalists in Badminton, Swimming, Hockey, Riding etc.
iv) Continuous development support	Coaches Attend Regular courses / workshops on coach's development conducted by their respective Associations / Federations. Also, regular In house sessions
v) Visiting Coaches	Yes. Top level visiting coaches. Former Indian team coaches and foreign coaches
D. Qualified Support staff	
1. Physiotherapist	Full Time
2. Fitness Instructor	Full Time
3. Nutritionist	On Consultancy
4. Video Analyst	Full Time
5. Psychologist	On Consultancy
6. Yoga & Meditation Instructor	Full Time
E. Training Systems & Processes followed	
1. Session plans & documentation	
	Yes, Video Analysis on Kinovea / Silicon Coach software.
2. Coach's feedback sessions	Use of Bowling / Ball machines Match analysis software and scoring software
3. Use of technology	Yes. Detailed feedback given, Reports twice a year
4. Student profiling reports	In place and followed meticulously
5. Physio's Prehab & Rehab assessments & Protocols	In place and followed meticulously
F. ISO Certification	Yes. Obtained in 2014, renewed in 2015
G. Tournament & Match Exposure & Achievements :	
1. Domestic matches	Regular Matches/ Tournaments in the school and outside. 56 cricket matches last year, nearly 40 in football



2. International matches	<ul style="list-style-type: none"> •Regular International matches / Tournaments played both overseas and in the school against overseas visiting sides •Asian Junior Tennis Championships in the school
3. Specialised Camps for Elite athletes from India and Overseas at the school	<ul style="list-style-type: none"> •Yes. 4 New Zealand First Class cricketers spent 21 days at a specialised spin bowling camp at JIRS •The Assam Ranji Trophy team held a Pre-season camp at JIRS •India U-19 played Practice matches at JIRS, in front of National Selectors, prior to U-19 World Cup
4. Major achievements	<ul style="list-style-type: none"> •Title wins at International tournaments in Europe and Asian countries. Runner Up in Australia. •Many Domestic victories •5 State Representations including a National Bronze medalist, from the school in the last one year
H. Infrastructure and Training Facilities:	<ul style="list-style-type: none"> •Absolute State of the Art infrastructure including 30 sports grounds, pitches and Synthetic and Indoor surfaces, in all 16 disciplines. •Best quality Branded kit and gear. Availability of High end Gym and Swimming Pools
I. Medical Facilities & Safety Measures :	
1. Physiotherapist	Availability of a fulltime Physio with a Master's degree in Sports Medicine.
2. Medical doctor available	Resident Doctor and Nurses available within campus
3. All coaches trained on CPR	Yes. Current certificates
4. Availability of Life Guards and Breathing Apparatus	Yes

Factors Determining the Quality of Sports Education:

1. Availability in writing, of a clear cut, structured, age specific training curriculum or syllabus, for each sport, with time bound objectives and benchmarks. In other words, what to teach, at what age and when? What systems and processes are in place for the implementation of that curriculum?
2. Who are the coaches and what is their background? Availability in sufficient numbers for each sport, of qualified coaches with coaching certifications from their respective sports federations or associations, who are capable of delivering that curriculum effectively.



3. What is the level of coaching certification that these qualified coaches' hold, whether it is entry level, intermediate or elite level coaching certifications. Are there any training / refresher courses or seminars and workshops that the coaches are sent on, to upgrade and update their knowledge levels?
4. Availability of qualified support staff and sports professionals Viz. Physio, Fitness Trainers, dieticians and nutritionists, Recovery professionals like Yoga and Meditation teachers, Sports Masseurs etc. Availability of in house Medical Back up.
5. Availability of quality Gym and Swimming pool. Good quality sports infrastructure, viz. multiple grounds, pitches and Synthetic and Indoor surfaces, supported by quality, branded playing kit. Availability of Life Guards, Breathing Apparatus. All Coaches trained on CPR.
6. What is the level of Tournament and match exposure, both nationally and overseas. Any exposure to elite level players, within and outside the school environment?
7. What is the level of Sports Achievements of the school in the recent past? How many National / International Trophies and medals won? How many players representing State/ national Teams?