

- There is no such thing as being lonely, it's a state of how one decides to live life
- Don't wait to learn from your own mistakes, rather be alert, oriented, plan your moves in life

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Health, Hygiene &

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# Media Hotbox

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## Everyone has a story to tell!

In a 10x10' room, with tears in the eyes and hope in her heart, we met Dr. Leela, a Graduate from Harvard, and Practioner in Dermatology & Psychiatry



A visit to the an old age home, Mathru Chaya Trust, was an all new experience for the students.



It was difficult to say whether they were here for safety reasons???

Or

Have they resigned to the fact that this is their home from now???

**Being lonely and happy rather than in a crowd and alone!!!**

Heart wrenching stories...yet all we could do is listen and nod!



There is stinging pain in their hearts, yet, they welcomed us, knowing that we are there only like the passing cloud. Once we left, they would be again in solitude only to ponder about how once they would fend for their families!! This left us thinking, is this all what life is about???

We often times hear "don't be selfish" is that just a childhood lesson? Or does it have a very strong command??

## They love me? They love me not?

While they all had a story to tell, we were amazed to see how most of them take the ups and downs of life in a casual manner. There is complete uncertainty in their lives, the only fact of life they know is that this is a place they have to love live and like, perhaps as long as they live! The

anonymous life they live. The identity they once had, and were proud of, is today lost to old-age.

**Whose fault is it?**



# Life is from them!



#feelingemotional  
#lifeisfromthem

Today what we are, and what we will be in life is because of our parents. While we strolled around, talking to some, while observing some others. Some were responding to our requests for a little format chats, while some others on some pretext or the other were shying away.

There were also people who were confused! Confused as to whether they were supposed to give a report about the place they live in? or were we just intruding their privacy for namesake visits.

This is not what we expected to a trip that we planned. It was much more than a jolly ride to the city that we had planned for.

Tables turned over when we saw how uncertain life is. While it was payback time for the children, they were doing their duties, but in a very mechanical manner. They were perhaps washing off their conscience while posing questions like, "aren't we paying up their bills? aren't we giving them social security?"

However, for us, if not a very happy one, it was a trip to remember. As Commerce students, we are reminded often times that "All businessmen have a social responsibility" and here we were seeing a live EXAMPLE of this.



"humor adds colors to life"

## Being happy by Choice

Mrs. Vasantha (name changed) was very witty while she said am very happy here. Koi rok tok nahin, mazze mein rehthe hain"

Again there was Mr. Ram (name changed) who said I am adaptable to changes. I take life in its stride. So what if my children can't help me walk the sands of time, that once I held

and made them learn to walk, I still am here in flesh and blood and can make a go of life anywhere I am thrown... Thrown? Did he just say that?

There was an old inmate couple, the cute lovebirds of the Home. We found them hangout in the lawn and again very cozily sitting together in the dinning hall and enjoying their meals.

There was an amazing old man, past 90s, walked past us and commented on one of the girl's hairstyles. "You see I am still young enough to notice that"

We SALUTE such courage to live.



## Bytes from students

"My own maid for twenty years robbed me off my jewelry while I was watching the milk boil in the kitchen" I was wonderstruck to hear stories about how paid domestic help can dominate your life. It also led me on to think of something I have been totally oblivious off.

Leela Krishna, an inmate, bold

and strong in the heart, is at peace at Matharu-Chaya Trust where she can sleep with the door open and yet know she is safe.

**Madhav Sancheti**

They were emotional old citizens, some were there for security reasons while some others (although they wouldn't

directly admit it) were there because they were an extra baggage for their offspring's. Some day when I do business I would like to not only provide shelter for such people but also give them a reason to live-involve them in my business in some way possible.

**Deepesh Takhtani**

## Bytes from students

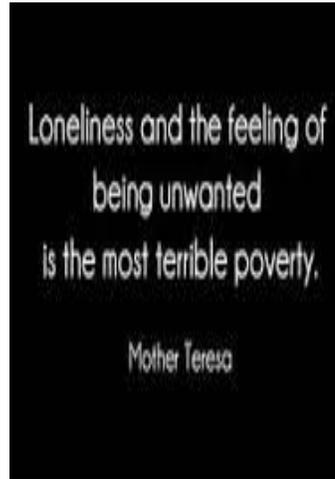
Well-organized, well maintained place. Though they were away from love ones, one could feel an air of positivity. We felt so involved in their lives, chatting with them, we could feel they were clearing the air of sorrow before dusk, and were ready like soldiers take on another battle of loneliness the next day morning.

**Shruti Limbasiya**

**“When you lie, you cannot sleep in peace”**

The Lady from Ferozpur, Lahore, was very frail and petite. Her gestures were one of a lost person, but her inner strength and the honesty with which she spoke was commendable. She had her head held high when she said my word of advice is “no matter what the situation, face it with truth, because in the end, truth prevails all.

**Kevin Limbasiya**



**“Catch Them Young, and They Will Mould Into a Desirable Shape”**

## Hear us out...

Well maintained infrastructure, health and hygiene gets top priority, packed schedule of activities to name a few, books of various languages and context stacked neatly in a small library, are few things that caught my immediate attention in old age home. My experience, I would say was worthwhile. The ninety year old lady who said no matter how difficult a situation, never lie to escape.

**Bhargab Saha**

People aged around in their 90's and yet no trace of any health hazards. Deprived of love, sympathy yet willing to smile and welcome outsiders like us.

**Priyam Bucha**

It is unstinted efforts of Mr. Krishna Murthy that binds people of different caste, creed and religion in a volatile manner. Each of them in their private rooms are self-content, unfold their stories of having loved and lost their loved ones, either to modernity or circumstances.

**Aakash N. Gopal**

Very systematically arranged in 3.5 acres of land, basic facilities provided to them. Inmates (if not all) most of them were highly educated and this was very obvious with a humility they treated us.

**Pawel Gokhale**

People from different places across the country, all spoke different languages, yet not limited to barriers...LET THE REASON BE SURVIVAL, this is what came to my mind. But again not only survival,

they would all blend so well into one another that it made their stay cozy.

**Kareena Ganatra**

From health and Hygiene, to the weekly Doctor visit, every looked pretty neat and planned. It was like a shelter provided to the less fortunate, in a very organized manner. They ambience was very comforting and I must say, one could get immense peace and strength to fight emotions in this place.

**Nitin Kumar**

It was a different scenario for me. First time exposure to parents who are left away from home, but this was contrary to the one we experience in hostel, all safe and happy, yet we complain.

**Yash Sachdev**

Beautiful ambience, well arranged place. Amongst all this beauty was the sadness looming in the hearts and minds of these elderly people, left wondering if they would ever return to their homes?

**Rohit Naik**

There was no pretense, all of them were transparent with us. Some narrating their sad stories, while some others displaying a very courageous outlook on life.

**Vinay**

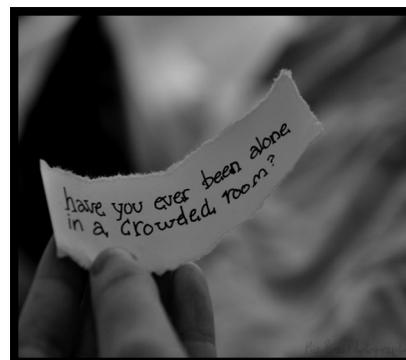
I was surprised to see how these elderly people, all frail looking, some of them with acute health problems while some others in their 90s were still away from diabetes, were so full of vigor. They would admit the agony of being away from loved ones yet, they were ready for

the journey of life hereon. Like characters from the Avengers, or like Marvel heroes I must say, they had the courage and wisdom to face whatever comes in their way of life.

**Yashvi Takkar**

I was not aware of this side of life. It was a all new experience for me. It was an emotional day, well spent with people who teach us to walk and talk and then when they need us the most, they are left in solitude and loneliness.

**Karthik Raj**



Feeling blessed!

That was my reaction while I met the first inmate. From thereon I knew its going to be a collage of bitter-sweet something. I was there preparing myself. As we moved on from cubicle to another, I found myself laughing with them and sometimes tears welled up that was so difficult to control from dropping. I said feeling blessed because I never under the sun would leave my loved ones alone. Feeling blessed, because my GOD has always given me the courage to face situations and when I fail, I know HE will carry me through.

**Aarti**

**Blog: jirmsediahotbox**



## Note of Appreciation

We would like thank our Chairman, for this school, that is so different from others by way of accepting without being judgmental.

Our CEO, is a pillar of strength. The faith you have in us, made us to explore in life. The encouragement, the thoughts you share with us, the belief you have in us makes us realize our worth. Always under your wings we will continue to keep doing our bit.

Also, our special thanks to the PRO, Mrs. Ambuja Sharma, for making holding us when we falter and the never say die attitude that you have is a source of strength. Also, COO JIRS and JASE, for always suggesting ways of improvement and is definitely a source of encouragement.

