



Workshop on Effective Communication

JIRS organised a session on 'Effective Communication' by **Cdr. Shrinivas Nilkund** on 17th January, 2014, at 4.30 pm in Sprintoor.

It was a one and a half hour interesting, informative and interactive session on intricacies of right way of communicating. The session was organized for the students of Class XI. The students had very fulfilling time learning about various aspects of communication during the session.

The elaborate session covered a wide range of topics. Following are the areas that were briefly touched upon.

1. Meaning of Communication
2. Effective communication
3. Barriers to communication
 - Physical barriers
 - Language
 - Personal barriers
 - Status
 - Absence of feedback
 - Listening.
 - Level of vocabulary
 - Use of jargon

Through the session the students learnt that in general, according to researches, the words we use constitute 7%, how we deliver our speech constitute 38% and a major part of our daily communication, i.e. 55% is done via our body language or non-verbal communication. Thus the session consequently substantiated the saying 'his actions spoke so loudly that I could not hear what he said'. Giving students brief overview on the role of body language in effective communication.

The workshop concluded with an explanation on the technique of communicating effectively with certain abbreviations. On the whole the entire session was very productive and educational.