



Coaching schedule for 11th & 12th Science students		
Activity	TIMINGS	TIME SPENT
Sports	6:30am - 7:45am	1hr 15mins
Bath & Ready	7:50am - 8:40am	50mins
Breakfast	8:45am - 9:05am	20mins
1st Period	9:10am - 9:50am	40mins
2nd Period	9:50am - 10:30am	40mins
3rd Period	10:30am - 11:10am	40mins
4th Period	11:10am - 11:50am	40mins
Juice Break	11:50am - 12:05pm	15mins
5th Period	12:05pm - 12:45pm	40mins
6th Period	12:45pm - 1:25pm	40mins
7th Period	1:25pm - 2:05pm	40mins
Lunch	2:10pm - 2:35pm	25mins
Rest & Change/ Internet / Phone call /TV/cafeteria	2:40pm - 3:40pm	1hr
IIT/NEET classess	4:00pm - 7:00pm	3 hours
8th Period	7:10pm - 7:50pm	40mins
9th Period/test	7:50pm - 8:30pm	40mins
Dinner	8:35pm - 9:00pm	25mins
Dorm Study	9.15.PM - 10.45.pm	1.30hrs